



# Food Hygiene

## Policy statement

When cooking or using food in the outdoors, we will try and maintain the highest quality food hygiene standards possible.

Every day people get ill from the food they eat. Bacteria, viruses and parasites found in food can cause food poisoning. Often, there's no way of telling if food is contaminated because it might not look, taste or smell any different from normal. Food poisoning can lead to gastroenteritis and dehydration, or potentially even more serious health problems such as blood poisoning (septicemia) and kidney failure. Food poisoning can be serious in children, because they have a weaker immune system. Therefore food hygiene regulations need to be followed at all times.

## Procedure

Food safety and hygiene will be upheld by following the guidelines below;

- This will include washing hands with soap and warm water or using hand gel before handling any food.
- Tuck in long hair and tie, roll up or fasten loose clothing
- Preventing contamination of food (see appendix below).
- When cooking with a stick use green wood and remove bark before cooking using a knife and scraping action
- Cooking food to the right temperature.
- Split open food and check it is cooked before consumption
- Food will be stored in appropriate air tight containers until required.
- Parents/carers/school will be asked to divulge any food allergies on the permission slip. (See Appendix 2)
- Raw meat will not be used, for example vegetarian sausages will be cooked instead of meat ones.
- Any uneaten or leftover food products and packaging will be removed from the site.
- Any unused water will be poured away before leaving the site. All water carriers will be washed thoroughly at the end of the day
- It will be the responsibility of the Forest School leader to ensure that all the utensils will be cleaned and stored appropriately although they will be given an initial wash in the woods.

Signed; <i>Janine Young</i>	date; 17/7/17	review date; 17/7/19 17/7/21
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